# CURRICULUM VITAE

**elaine orabona Foster, ph.d., abpp**

931 Lantana Avenue Las Cruces, NM (850) 865-2168

**Educational Background**

**Institution Degree dates specialization**

**Walter-Reed AMC** Cert**.**  1994-1996 Psychopharmacology

**Nova University** Ph.D. 1986-1988 Clinical Psychology

*(APA Approved)*

**Nova University** M.A. 1983-1986 Clinical Psychology

*(APA Approved)*

**New York University** B.A. 1978-1982 Psychology

(cum laude)

**Dissertation Title**

Development and Evaluation of an Early Intervention Program to Reduce the Dropout Rate Among DUI Offenders, 1988.

**Licensure and Certification**

New Mexico Prescribing Psychology License #0021

New Mexico Psychology License #1197

Florida Psychology License, PY4337 (since 1991)

Diplomate, American Board of Professional Psychology (2001)

Certificate of Professional Qualification in Psychology, Association of State and Provincial Psychology Boards (2007)

**TEACHING EXPERIENCE**

Faculty, Alliant International University 1996-present

Faculty, Fairleigh Dickinson University 2006-present

Faculty, New Mexico State University 20010-present

Adjunct Professor, University of Southern Mississippi 1998-1999

Graduate Program, Clinical Psychology

**Clinical, Administrative, and research Experience**

**Prescribing Psychologist, Psychology Consulting Options (PsyConOps), 1395 Missouri Ave, Las Cruces, NM**

**February 2014- Present**

Offer pharmacotherapy and psychotherapy for individuals and groups for disorders including anxiety, stress, depression, and psychosis, in order to alleviate symptoms and improve personal, social, and vocational adjustment.Develop and implement individual treatment plans, specifying type, frequency, intensity, and duration of therapy. Provide Social Security Mental Status Examinations for Disability Determinations.

**President, PsyConOps, Niceville, FL**

**July 2012 – Jan 2014**

Offering an innovative approach to issues where psychology and psychopharmacology can contribute to public debate and policy in the interests of community wellbeing and social justice. We produce materials in a range of areas to inform on matters of public concern in ways that can be readily understood by consumers, decision-makers, the media, and the public in general. Contributor, *BAnxietyFree.com.* Author, In Movement There is Peace.

**Senior Psychologist, RLM/96th Medical Group, Eglin AFB, FL**

**Jun 08 – May 2012**

Prescribing psychologist for 96th Medical Group. Clinical supervisor to two post-doctoral psychologists in preparation for licensure. Provide consultation and direct prevention services to primary care physicians through the Behavioral Health Optimization Program (BHOP). Provide expert guidance, advice and consultation to hospital staff in their work with residents, nurses, physician's assistants, and medical interns. Perform diagnostic psychological evaluations, individual and group psychotherapies as well as consultation to commanders. Specialty groups include Anxiety management, and Divorce Recovery. Provide narrative summaries for Medical Evaluation Boards and Temporary Duty Retirement List Evaluations (TDRL). Complete special one-time only evaluations (SERE, MTI, MTL, recruiter duty).

**Director, Outpatient Mental Health Service, Eglin AFB, FL**

**Aug 06-Jun 08**

Prescribing Psychologist. Responsibility for supervision of clinical services, planning, developing, delivery, and evaluation of comprehensive psychological programs and other mental health services for active duty service members and their dependents. Supervise two psychiatrists, five psychologists, and seven social workers. Clinical supervisor to four post-doctoral psychologists in preparation for licensure. Determine and establish priorities, develop schedules for completion of work, and make assignments according to staff capability and work requirements. Provide a full range of supervisory functions, including assignment of work, evaluation of performance, staff development and training needs, disciplinary actions, conflict resolution, employee selections, and EEO requirements. Develop and monitor Quality improvement activities. Provide consultation and direct prevention services to primary care physicians through the Behavioral Health Optimization Program (BHOP). Provide expert guidance, advice and consultation to hospital staff in their work with residents, nurses, physician's assistants, and medical interns. Provide on-call mental health evaluations for acute mental health emergencies; determine need for psychiatric hospitalizations. provide consultation-liaison to medical units including intensive care, labor and delivery, medical and surgical units. Perform diagnostic psychological evaluations, individual and group psychotherapies and pharmacotherapies as well as consultation to commanders.

**Director, Outpatient Mental Health Service, Hurlburt Field, FL**

**Aug 04-Aug 06**

Prescribing Psychologist. Provide overall administration and direct service delivery of outpatient services to military personnel and their dependents. Direct supervision of one psychiatrist, four social workers, and one psychologist. Conduct mental health assessments, including psychological test batteries for use in provision of services, national security clearance investigations, fitness and suitability for military service recommendations, and commander-directed psychological evaluations. Direct provision of individual, couples and group psychotherapy and pharmacotherapy. Chief, Consultation-Liaison to Primary Care Clinic. Liaison to primary care for establishment of local depression management clinical practice guidelines.

**Director, Mental Health Department, Koritz Clinic, Seymour Johnson AFB, NC**

**Jun 01-Jul 04**

Prescribing Psychologist. Administrative and supervisory responsibility for 12-member clinical staff including outpatient, substance abuse, outreach and prevention services, behavioral medicine, family maltreatment, and consultation-liaison services for a catchment area serving over 300,000 beneficiaries. Direct service psychological and pharmacological services to active duty and their family members. Chief of the Critical Incidents Stress Management, Disaster Response Network, and Hostage Negotiation teams.

**Deputy Director, Mental Health Flight, Keesler Medical Center, Biloxi, MS**

**Sep 00-May 01**

Prescribing Psychologist and second in charge with administrative and supervisory responsibility for flight consisting of 60 personnel including outpatient, substance abuse, drug demand reduction, behavioral medicine, and family maltreatment. Clinic responsible for a catchment area serving 200,000 beneficiaries. Managed consultation-liaison service and led one of two teams providing direct mental health care for 20-bed inpatient mental health unit. Maintained clinical responsibilities associated with previous roles in both inpatient and outpatient services delineated under “Clinical Director, Inpatient Mental Health Unit, Keesler Medical Center, Biloxi, MS.

**Clinical Director, Inpatient Mental Health Unit, Keesler Medical Center, Biloxi, MS**

**Mar 99-Sep 00**

Director of a 20-bed mental health inpatient unit. Prescribing psychologist. Administrative and supervisory responsibility for a staff of 21 mental health professionals including 2 psychiatrists, 7 nurses, 10 mental health technicians and 2 clerical workers. Admit, treat and discharge patients. Duties included assessment history taking and physical examinations, direct facilitation of individual and group psychotherapy, performing psychological testing, training nursing staff and consulting with other specialties as needed.

**Director, Outpatient Mental Health Clinic, Keesler Medical Center, Biloxi, MS**

**Jun** **98-Feb 99**

Prescribing Psychologist. Provide administrative direction and management to 16 professional staff including psychiatrists, psychologists, social workers and clinical nurses providing over $1,000,000 per year in services. Conduct mental health assessments, and provide individual, group cognitive skills training, and pharmacotherapy.

**Clinical Director, Inpatient Mental Health, Keesler Medical Center, Biloxi, MS**

**Sep 96-Jun 98**

Prescribing Psychologist. Admitted, treated and discharged patients to the 20-bed mental health inpatient unit. Duties included assessment history taking, direct facilitation of individual and group psychotherapy, performing psychological testing, writing orders for nursing staff and consulting with other specialties as needed.

**Director, Mental Health Department, AFMC Clinic, Hanscom, AFB, MA**

**Jun 1988-May 1991 and Jun 1992-May 1994**

Conduct overall administration and direct service delivery of outpatient mental health services to a population of 5,000 military personnel and their dependents spanning a tri-state, tri-service population.

**Director, Psychology Services, 31st Medical Group, Homestead AFB, FL**

**Jun 1991-May1992**

Director of comprehensive hospital-based psychology service including two civilian psychologists. Provide consultation, testing, evaluation and treatment services to the Department of Defense, Department of Transportation and their families.

**Health Service Worker, Broward Alcohol Rehabilitation Center, Fort Lauderdale, FL**

**1986-1987**

Provide crisis intervention, individual and group counseling. Supervision of 15-25 substance abusers in a 28 day intensive residential treatment program. Evaluated and recorded individual progress and performance for all residents.

**Research Assistant, New York University, New York, NY**

**1982-1983**

Perform tests and collected data on a sample of Sprague-Dawley hooded rats to test the effects of alcohol intake during various stages of pregnancy on subsequent infant mortality and development.

**Research Assistant, Montefiore Hospital, New York, NY**

**1979-1980**

Monitor subjects in studies of sleep cycles in the absence of external cues. Record behavior through EEG, video camera, and temperature readings. Obtain and centrifuge blood samples. Prepare EEG and electrode placements.

**Publications**

Levine, E & Orabona, E. (2007). The Integration of Psychotherapy and Psychopharmacology in the Treatment of Post-Traumatic Stress Disorder. In E. K. Carll (Ed.), Trauma Psychology: Issues in Violence, Disaster, Health, and Illness. Connecticut: Praeger Publishers.

Kenkel, M. B., DeLeon, P.H., Orabona, E., & Steep, A. (2005). Divided no more: Psychology’s role in integrated health care. *Canadian Psychology/Psychologie Canadienne, 46,* 189-202.

Kenkel, M. B., DeLeon, P.H., Orabona, E., & Steep, A. (2005). A psychologist by any other name...**:** Response to commentary by John L. Arnett. *Canadian Psychology/Psychologie Canadienne, 46,* 212-214.

Orabona, E., Ortiz, S., & Planthara, P. M. (2004). What price prescribing?: A commentary on the effect of prescription authority on psychological practice. *Professional Psychology: Research & Practice, 35,* page numbers.

Dunivin, D. L. & Orabona, E. (1999). Department of Defense Psychopharmacology Project fellows' perspectives on didactic curriculum. *Professional Psychology: Research and Practice, 30,* 510-518.

Orabona, E. (2003). Adult psychopharmacology 2: Side effects and warnings. In G. P. Koocher, J. C. Norcross, & S. S. Hill (Eds.), *Psychologists' desk reference* (2nd Ed.) (pp. 460-465). New York: Oxford University Press.

Orabona, E. (1998). Adult psychopharmacology 2: Side effects and warnings. In G. P. Koocher, J. C. Norcross, & S. S. Hill (Eds.), *Psychologists' desk reference* (pp. 400-403). New York: Oxford University Press.

Orabona, E. (1997). Women and psychopharmacology: A PDP perspective. *Register Report, 23,* 15.

**Other Publication Activities**

**Ad hoc Reviewer**

* *Professional Psychology: Research and Practice*
* *Psychological Services*

**Presentations**

Orabona, E. (2007, February). Professional Issues in Ethnopsychopharmacology. Continuing Education Course presented at the Division 55 Summit: Advocacy in Service of Psychology and the Public Welfare. Santa Fe, NM.

Orabona, E. (2007, February). A Synthesis of the State and APA Efforts. In (K. Harowski) (Chair). RxP Advocacy in Service of Psychology and the Public Welfare. Santa Fe, NM

Orabona, E., Levine, E., Planthara, P., & Quillen, J., (2006, August). How knowledge of transcultural psychopharmacology changed my practice. In E. O. Mantell (Chair), *Transcultural psychopharmacology in the real world.* Symposium presented at the Convention of the American Psychological Association, New Orleans LA.

Crow, B., Orabona, E., & Krantz, D. S., (2006, August). [Center for Deployment Psychology: The Curriculum Focus](http://forms.apa.org/convention/viewabstract.cfm?id=4298). In M. V. Ingram (chair), *Center for Deployment Psychology—Training Psychologists to Treat Combat Injured.* Symposium presented at the Convention of the American Psychological Association, New Orleans LA.

DeLeon, P., Newman, R., Quillen, J., Levine, E., Feldman S., Rivas-Vazquez, A., Shapiro, G., & Orabona, E. (2006, July). *Opportunities and Challenges for the Psychologists in the new Millenium.* Continuing Education Workshop presented at the Summer Convention of the Florida Psychological Association, Sarasota FL.

**Orabona, E., Ally, G. A., Levine, E. S., McGrath, R. E., & Rom-Rymer, B. N. (2005, August). Ethical Challenges in Transcultural Psychopharmacology. In M. T. Sammons & B N. (Co-chairs),** *Ethical challenges for a new era--prescriptive authority for psychologists.* Symposium presented at the Convention of the American Psychological Association, Washington DC.

**Brown, A., & Orabona E, (2006, April). Integrative Treatment of the Post-Deployment Service Member in CONUS Outpatient Mental Health Setting: Army and Air Force Perspective. Continuing Education Workshop presented at the Spring Conference of the Medical Surgical – Behavioral Science Symposium, Eastern Regional Medical Command, Willingen Germany.**

Ally, G. A., Marquez, E. M., & Orabona, E. (2005, August). The Role of the Committee for the Advancement of Professional Practice in Legislative Successes Securing Prescriptive Authority for Psychologists. In G. A. Ally (chair), *Organizational and Legislative Strategies to Secure Prescriptive Authority for Psychologists.* Town Hall Plenary Session held at the Convention of the American Psychological Association, Washington DC.

Orabona, E. (2005, March). (Chair), Marquez, M., Quillin, J., Ciuccio, J., Chandler, D. (*Implementing Prescriptive Authority Laws: The Experiences of New Mexico and Louisiana,* Continuing Education Workshop presented at the 2005 State Leadership Conference, Washington, DC.

Orabona, E. (2005, March). (Chair) Marquez, M., Quillin, J., Ciuccio, J., & Chandler, D. *Implementing Prescriptive Authority Laws: The Experiences of New Mexico and Louisiana.* Continuing Education Workshop presented at the 2005 State Leadership Conference, Washington D.C.

Brown A., Levine E., Orabona E. (2005, February). The Practical Concerns of the Prescribing Psychologist, Continuing Education Workshop presented at the Winter Conference of the American Psychological Association’s Division 55, Orlando FL.

Sullivan, M., Ally G., Quillin, J., Orabona, E, Levine, E. (2005, February). *What Price Advocacy? What Price Prescribing?*  Continuing Education program presented at the Winter Conference of the American Psychological Association’s Division 55, Orlando FL.

McNamara, K.M., Meredith, J., Orabona, E., Taylor, R. (2005, April). *Challenges and Benefits of Prescriptive Authority for Psychologists.* Symposium presented at the Association of Veterans Administration Psychologist Leasders and APA Division 18-Pschologists in Public Service Conference, Dallas TX.

Orabona, E. (2005, June). Pharmacological Treatment of Depression. Workshop presented at the Convention of the Canadian Psychological Association, Ottawa, Ontario.

Orabona, E., Meredith J., Pfeiffer, B., Sammons, M., & Sexton, J. (2004, March). *How Prescribing Has Changed Our Practice.*  Symposium presented at the State Leadership Conference, Washington D.C.

Orabona, E. (2003, August). *Prescriptive Authority Incidental or Integral to Psychology’s Public Policy Agenda.* Discussion presented at the Convention of the American Psychological Association, Toronto Canada.

Orabona, E. (2003, August). *Pitfalls for Prescribers. Plenary—Prescription Privileges: Potential Prospects and Pitfalls.* Symposium presented at the Convention of the American Psychological Association, Toronto Canada.

Orabona, E. (2003, July). *Drug Therapy Toolbox*. Continuing Education Workshop presented at the Air Force Reserve, and Air National Guard Substance Abuse Conference, San Diego CA.

Henderson-Daniel, J. & Orabona, E. (2003, August). (Co-chairs) *Resilience in the War Zones of Life.* Symposium presented at the Convention of the American Psychological Association, Toronto Canada.

Orabona, E. and Pfeiffer, B. (2000, August). Case *Studies in Antidepressant Pharmacotherapy.* Continuing Education Workshop presented at the Convention of the American Psychological Association, Washington DC.

Orabona E. (2000, August). Presidential Miniconvention on Prescription Privileges--*The DoD Psychopharmacology Demonstration Project: Years of Effective Prescribing*. Symposium presented at the Convention of the American Psychological Association, Washington DC.

Orabona E. (1999, August). *Life as a Prescribing Psychologist: Three Years after Graduation.* Symposium presented that the Convention of the American Psychological Association, Boston MA. (invited address)

Orabona, E. (1999, August) *Advances in Psychopharmacology for Adults--Implications for Clinical Practice.* Continuing Education Workshop presented at the Convention of the American Psychological Association, Boston MA.

Orabona, E. (!999, August) Prescribing *Psychologists and Women of Color: One DOD/PDP Account.* Symposium presented at the Convention of the American Psychological Association, Boston MA. (invited address)

Orabona, E. (1999, June) *Psychopharmacology: A Training Program for Practicing Psychologists.* Continuing Education program presented through California School of Professional Psychology, Baton Rouge LA.

Orabona, E., Brown T., (1999, March) *Disease Management Series, Treatment of Depression in the Primary Care Setting*. National Disease Management Video-conference, Keesler AFB MS.

Orabona, E. (1998, August). *Advances in Psychopharmacology for Adults--Implications for Clinical Practice.* Symposium presented at the Convention of the American Psychological Association, San Francisco CA.

Orabona, E. (1998, August). Psychopharmacological Treatment of Premenstrual *Dysphoric Disorder.* Symposium presented at the Convention of the American Psychological Association, San Francisco CA.

Orabona, E. (1997, November). *Experiences of a Pharmacopsychologist.* Keynote Address for the annual Convention of the Louisiana Psychological Association, Baton Rouge LA.

Orabona, E. (1997, September). *Psychopharmacologic Treatment of Depression.* Continuing Education Workshop presented at the Convention of the Mississippi Psychological Association, Biloxi MS.

Orabona, E., (1997, August). *First Person Accounts: Experiences in the DOD Psychopharmacology Training Program.* Symposium presented at the Convention of the American Psychological Association, Chicago IL.

Orabona, E. discussant (1997, August). *Prescription Privileges: Emerging State Legislative Initiatives*. Symposium presented at the Convention of the American Psychological Association, Chicago IL.

Orabona, E (1996, September). *Prescription Privileges for Psychologists: Issues in Training and Practice.* Keynote Address for the annual Convention of the Mississippi Psychological Association, Biloxi MS.

Dunivin D., Pfeiffer, B., & Orabona, E. (1996 February). *Psychopharmacology and Psychology: The Next Generation.* Symposium presented at the Convention of the Maryland Psychological Association, Columbia MD.

Oleshansky, M., Orabona, E., Sammons, M. (1996, May) *Review and Update of Psycho-pharmacology,* Division of Psychological Services. Invited workshop, National Security Agency, Ft., Meade MD

**Awards, Honors, Distinctions**

2009 Psychologist of the Year, Florida Psychological Association

2004 U.S. Air Force Meritorious Service Medal

2005 Fellow, American Psychological Association

2004 U.S. Air Force Meritorious Service Medal

1998 Officer of the Year, Federal Women's Program

1997 American Psychological Association Presidential Citation for Outstanding Contribution to the Profession of Psychology

1997 Air Force Psychologist of the Year, Keesler AFB

1989 Medical Officer of the Year, Hanscom Air Force Base

1980 Psi Chi, National Honor Society in Psychology

**SPECIAL CERTIFICATIONS**

1. Certificate of Completion, CBT and CBCT for treatment of PTSD
2. Certificate of Completion, Prolonged Exposure Therapy

2008 Certificate of Completion, Center for Deployment Psychology (January 7-18)

2007 Certificate of Training/Proficiency, Behavioral Health Optimization Program

2000 Certificate of Training, FBI Hostage Negotiation

1990 Certificate of Training in Clinical Hypnosis (Society for Clinical and Experimental Hypnosis)

**REFERENCES**

Elaine Levine, Ph.D., 1395 Missouri Avenue, Las Cruces, NM 88001

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Gregoria Marrero, M.D., 100 Veterans Way Eglin AFB, FL 32542

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